

2001 Winward Way Ste.100 San Mateo, CA 94404 ☎ (650) 570-5861 Fax: (650) 365-5896

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PROMIS-29 Profile v1.0

Please respond to each question or statement by marking one box per row.

| | Physical Function | Without any difficulty | With a little difficulty | | With much difficulty | Unable to do |
|---------------|---|------------------------------|--------------------------------|---------------|----------------------|-----------------|
| PFA11 1 | Are you able to do chores such as vacuuming or yard work? | <u>O</u> | O ₄ | <u>O</u> | O ₂ | <u>O</u> |
| PFA21 2 | Are you able to go up and down stairs at a normal pace? | \bigcirc_{5} | \bigcirc | \bigcirc_3 | \bigcup_{2} | 0 |
| PFA23 3 | Are you able to go for a walk of at least 15 minutes? | \bigcup_{5} | \bigcirc | \bigcup_{3} | \bigcup_{2} | O 1 |
| PFA53 4 | Are you able to run errands and shop? | \bigcirc_{5} | \bigcirc | \bigcirc_3 | \bigcup_{2} | O 1 |
| | Anxiety In the past 7 days | Never | Rarely | Sometimes | Often | Always |
| EDANX01 5 | I felt fearful | O 1 | \bigcup_{2} | \bigcirc_3 | \bigcirc | \bigcirc_{5} |
| EDANX40 6 | I found it hard to focus on anything other than my anxiety | O 1 | \bigcup_{2} | \bigcup_3 | \bigcirc | \bigcup_{5} |
| EDANX41 | My worries overwhelmed me | O 1 | \bigcup_{2} | \bigcirc_3 | \bigcirc | \bigcup_{5} |
| EDANX53 8 | I felt uneasy | 0 | \bigcup_{2} | \bigcirc_3 | \bigcirc | \bigcup_{5} |
| | <u>Depression</u> In the past 7 days | Never | Rarely | Sometimes | Often | Always |
| EDDEP04 9 | I felt worthless | O 1 | O ₂ | \bigcirc_3 | \bigcirc | <u>O</u> 5 |
| EDDEP06 10 | I felt helpless | O 1 | \bigcup_{2} | \bigcup_{3} | \bigcup_{4} | \bigcup_{5} |
| EDDEP29 11 | I felt depressed | 0 | O_2 | O_3 | \bigcirc | \bigcup_{5} |
| EDDEP41 12 | I felt hopeless | 0 | O_2 | \bigcirc_3 | \bigcirc | \bigcup_{5} |
| | Fatigue During the past 7 days | Not at all | A little bit | Somewhat | Quite a bit | Very much |
| HI7 13 | I feel fatigued | O 1 | O 2 | 3 | \bigcirc | O 5 |
| A3 14 | I have trouble <u>starting</u> things because I am tired | <u>O</u> | \bigcup_{2} | \bigcup_3 | \bigcirc | \bigcup_{5} |
| FATEXP41 | In the past 7 days How run-down did you feel on average? | O 1 | \bigcup_{2} | \bigcup_3 | \bigcirc_4 | <u>O</u> 5 |



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| | Fatigue In the past 7 days | Not at all | A little bit | Somewhat | Quite a bit | Verv much |
|----------------|--|------------|---|--|--|-----------------------------|
| FATEXP40 16 | How fatigued were you on average? | 0 | \bigcirc | O 3 | O ₄ | <u>O</u> 5 |
| | Sleep Disturbance In the past 7 days | Very poor | Poor | Fair | Good | Very good |
| Sleep109 17 | My sleep quality was | <u>O</u> | O ₄ | \bigcirc_3 | O ₂ | <u>O</u> |
| | In the past 7 days | Not at all | A little bit | Somewhat | Quite a bit | Very much |
| Sleep116 18 | My sleep was refreshing | <u>O</u> | \bigcirc | \bigcirc_3 | <u>Q</u> | <u>O</u> |
| Sleep20 19 | I had a problem with my sleep | O 1 | \bigcup_{2} | \bigcup_{3} | \bigcirc | \bigcup_{5} |
| Sleep44 20 | I had difficulty falling asleep | 0 | \bigcup_{2} | \bigcup_3 | \bigcirc | \bigcup_{5} |
| | Satisfaction with Social Role In the past 7 days | Not at all | A little bit | Somewhat | Quite a bit | Very much |
| SRPSAT07 21 | I am satisfied with how much work I can do (including work at home) | O 1 | O ₂ | \bigcirc_3 | \bigcirc | O 5 |
| SRPSAT24 22 | I am satisfied with my ability to work (including work at home) | <u>O</u> | \bigcup_{2} | \bigcup_{3} | \bigcup_{4} | \bigcup_{5} |
| SRPSAT47 23 | I am satisfied with my ability to do regular personal and household responsibilities | 0 | \bigcup_{2} | \bigcirc_3 | \bigcirc 4 | O 5 |
| SRPSAT49 24 | I am satisfied with my ability to perform my daily routines | <u>O</u> | \bigcup_{2} | \bigcirc_3 | \bigcirc | \bigcirc_{5} |
| | Pain Interference In the past 7 days | Not at all | A little bit | Somewhat | Quite a bit | Very much |
| PAININ9 25 | How much did pain interfere with your day to day activities? | O 1 | O ₂ | \bigcirc_3 | O ₄ | <u>O</u> |
| PAININ22 26 | How much did pain interfere with work around the home? | O 1 | \bigcup_{2} | \bigcup_3 | \bigcirc | <u>O</u> 5 |
| PAININ31 27 | How much did pain interfere with your ability to participate in social activities? | 0 | \bigcirc_2 | \bigcup_{3} | \bigcirc 4 | O 5 |
| PAININ34 28 | How much did pain interfere with your household chores? | <u>O</u> | \bigcup_{2} | \bigcup_{3} | \bigcirc | \bigcirc_{5} |
| | Pain Intensity In the past 7 days | No pain | | | | Worst imaginable pain |
| Global07 29 | How would you rate your pain on average? | 0 0 | \bigcirc \bigcirc \bigcirc \bigcirc | $\bigcirc_{4} \bigcirc_{5} \bigcirc_{6}$ | $ \bigcirc_{7} \bigcirc_{8} \bigcirc_{9} $ | 0 |