

Prosthetic Liner

Wear and Care Instructions

If you wear a silicone (gel) liner, it is very important that you follow the wearing schedule given to you.

Wearing Instructions

- Initially, your residual limb will need to be conditioned to wearing a silicone liner.
- To put on your liner, turn it completely inside out. Center the pin on the bottom of the residual limb and roll the liner upward fully, avoiding air pockets and gapping.
- Do not use your fingernails or excessive force to pull the liner on.
- Do not sleep with your liner on.
- Do not use lotion under your liner.

Care Instructions

- Wash your liner daily with a mild soap and water and rinse completely. Do not scrub. Allow to air dry.
- If a rash appears, you may not be washing or rinsing the liner thoroughly.
- It is normal for your residual limb to perspire more with a silicone liner, and this will lessen over time.
- Regularly inspect your liner for signs of wear and tear. Contact your prosthetist if the liner looks worn.
- Store your liner with the fabric side out.